

Guidance notes on how to log into MYGOC

If you are having problems logging into MyGOC, log onto a computer or laptop (as we cannot guarantee that MyGOC will work with mobile devices/tablets) and log onto the GOC website at www.optical.org and click onto MyGOC (as shown below)

The screenshot shows the General Optical Council website's MyGOC login page. The header is blue with the GOC logo and navigation links: Home, MyGOC, Contact us, FAQs, Careers, Cymraeg, and accessibility options. Below the header is a secondary navigation bar with links: About, Standards, Education, Registration, Complaints, and News & publications. The main content area is white with a light blue sidebar. The 'Login' section contains a form with 'Username' and 'Password' fields, a 'Login' button, and links for 'Reset Password' and 'click here' for CET providers. The 'Help' section provides instructions for individual registrants and body corporates, and lists recommended browsers.

Your username is always your GOC number which should always include the dash for example **SO-12121212**

If your current password does not work, you will need to reset this by clicking onto the 'reset password' link which is highlighted below:

Login

This is the page to log into MyGOC, the registrants' area of our website.

Here you can update your registration details, check and update your CET record and complete your retention application.

Those who are restoring to the register are currently having difficulty accessing their temporary CET accounts. We apologise for the inconvenience caused and hope to fix this problem as soon as possible.

Username

Password

Login

Forgotten your password? [Reset Password](#)
Please note that at busy times the password reset email can take up to three hours to arrive.

If you are a CET Provider or are not currently on the GOC Register please [click here](#) to access your CET account.

Help

Individual registrants

Your **user name** is your GOC number including the hyphen. For example, 01-1234 or D-1234.

Unless you have previously changed your password, your **password** is set by default to your date of birth including forward slashes. For example, dd/mm/yy.

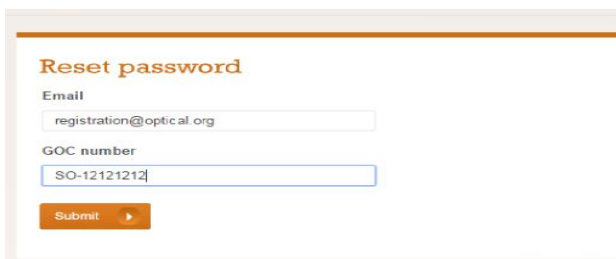
Body corporates

To obtain your login details and password, please email registration@optical.org

Having problems? [Try our guide for logging in to the registrants' area.](#)

To use MyGOC we recommend using one of the following browsers: Internet Explorer 6, 7, 8 or 9, Firefox 3 or Google Chrome. We cannot guarantee that MyGOC will work in other browsers, including mobile browsers.

Enter your email address (this should be the one registered with the GOC) and enter the GOC number in the required field. If a message appears stating your email address is not valid, confirm your email address with the GOC by emailing registration@optical.org.



Reset password

Email

GOC number

Once both login fields are completed, submit your request.

An email will be sent from 'info@optical.org' to your registered email account with a temporary password as shown below (check your junk/spam folders if not received)



Enter your username (your GOC number) and password (please ensure when copying the password,

the empty spaces either side are not selected as you will not be able to login. The password should be typed exactly as received in the email and will be case sensitive) then click on login

The screenshot shows the MyGOC login interface. On the left, under the 'Login' heading, there is a 'Username' field containing 'SO-12121212' and a 'Password' field with masked characters. An orange 'Login' button is below. On the right, under the 'Help' heading, there are sections for 'Individual registrants', 'Body corporates', and 'Having problems?'. Two black arrows point from the 'Having problems?' section to the 'Username' and 'Password' fields. At the bottom, there are links for 'Reset Password' and 'click here'.

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You should be able to successfully log in.

If you are re-directed to a validation screen then see validation guidance notes on the home page of MyGOC

