

Guidance notes on how to validate your email address

Once you have logged into MyGOC and your email has not been validated, the following screen will appear where you will need to enter your email address in twice

Email Validation

We are currently improving security in the registrants area. To help us do this, please confirm your email address, and reset your password.

Once you have entered your email and password details, you will be sent an email to validate your details.

Please do not attempt to login before you have clicked the "validation" link in this email.

Email address

Confirm email address

The following page will appear which will indicate an email has been sent to the email account previously entered

Email Validation

Thank you.

The following email will be received from **info@optical.org**, click on 'verify your email address' (as shown below) which will automatically validate your email address.

Message

info@optical.org
Registration Account

Confirm your email address

General Optical Council

Dear A Sumame,

Thanks for valid

To confirm your [https://www.optical.org/en/login/
email-confirmation.cfm/token/
117fd6f-67a7-45f9-842b0d1ffc2905aa](https://www.optical.org/en/login/email-confirmation.cfm/token/117fd6f-67a7-45f9-842b0d1ffc2905aa) registrants area, please follow the link below.

[Click to follow link](#)

[Verify your email address](#)

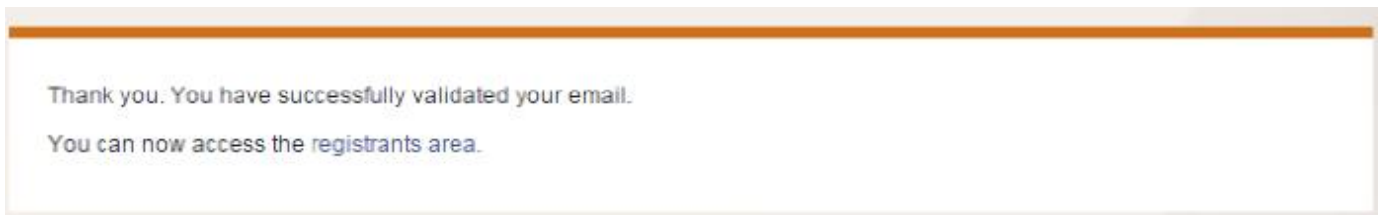
If you have any queries, please do not hesitate to contact us at registration@optical.org or call us on +44 (0)20 7580 3898 (Option 1).

Sincerely,

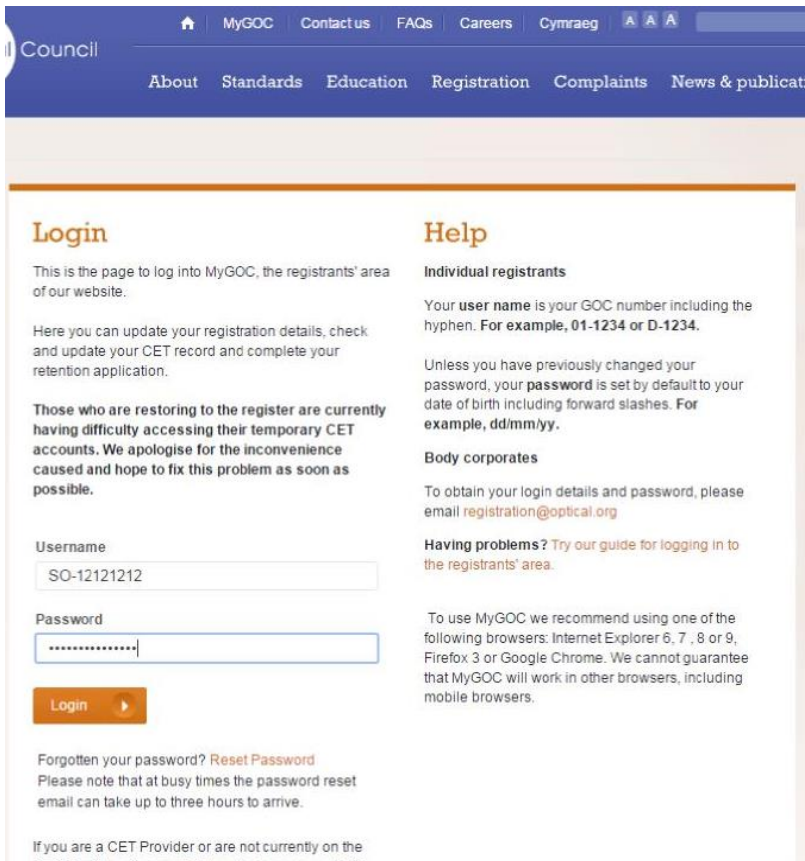
Registration Team

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You will be directed to the page below which confirms that your email has been validated.



Now navigate back to the MyGOC login page and enter your GOC number and password which should allow you to successfully login



To change your password then see change your password guidance notes on the home page of MyGOC

